

Eastwood Falcons Walking Football Club

Walking Football Training and Event Risk Assessment Pro-Forma

Location: Len Forge Centre or other named venue.

Assessor and Position: Tim Fewster. EFWFC Committee.

Date of Assessment: January 2024

Review date: 12 months or after significant event.



| | <u>Activity or Action</u> | <u>Hazards & Causes</u> | <u>Controls or Interventions Required.</u> | <u>Residual Risk Acceptable Yes/No</u> | <u>Additional Controls Required</u> | <u>Residual Risk Acceptable</u> |
|---|--------------------------------------|------------------------------------|--|--|-------------------------------------|---------------------------------|
| 1 | Six-a-side walking football matches. | Condition of pitches & equipment. | <ul style="list-style-type: none">• Pitches maintained by venue maintenance team.• Officials and participants to check pitch prior to event commencing for trip hazards/ dangerous objects and that goals are secured/safe to use. | Yes | None identified. | |
| 2 | Six-a-side walking football matches. | Footwear and protective equipment. | <ul style="list-style-type: none">• Footwear: Rubber moulded studs or astroturf shoes only to be worn. No trainers will be allowed.• Shinpads must be worn by all participants. | Yes | None identified. | |
| 3 | Six-a-side walking football matches. | Health & Injuries. | <ul style="list-style-type: none">• All participants to complete registration form including emergency contact numbers.• All participants strongly recommended to warm up prior to all games.• Heading the ball prohibited.• Qualified first aiders with a first aid kit will be present. | Yes | | |

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| | | | <ul style="list-style-type: none"> A defibrillator will be available where the venue has the equipment on site. Blood injuries are to leave the field of play and be treated. Serious injuries / emergencies immediately call 999. | | *Defibrillator availability and access to be confirmed prior to play commencing. Dial 999/112 to obtain defibrillator access codes if the unit is in a public place. An ambulance is also required. | * Access to Defibrillator Located at Len Forge Centre. 1) Located in LFC managers office. 2) Located in bar area inside LFC Hospitality area. |
| 4 | Six-a-side walking football matches. | Fatigue. | <ul style="list-style-type: none"> Games not to exceed stipulated duration. Water to be available. | | | |
| 5 | Six-a-side walking football matches. | Weather Conditions. | <p>Hot and sunny:</p> <p>a) Water available/ shaded area available between games (where available).</p> <p>b) Sunscreen if necessary.</p> <p>Wet and cold:</p> <p>a) Hot drinks / shelter (where available) between games.</p> | Yes (see additional assessment for ice/snow). | If matches are to be played in snowy/icy conditions, specific risk assessment required. | |
| 6 | Six-a-side walking football matches. | Competency of officials. | To be discussed if required to be assessed as a risk. | | | |
| | | Name | Position | Signature | Date | |
| | Existing & Additional Controls agreed. | T. Fewster | EFWFC Committee | <i>T. Fewster</i> | 08/01/2024 | |
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